

# My Health Information Handover

For people with learning disabilities coming into hospital

MRN:

Hospital:

If I have to go to hospital, this form needs to go with me. It gives healthcare staff important information about me.

Healthcare staff need to keep a copy of this form with your notes and also scan into your electronic record.

Please return this document to me when I go home.



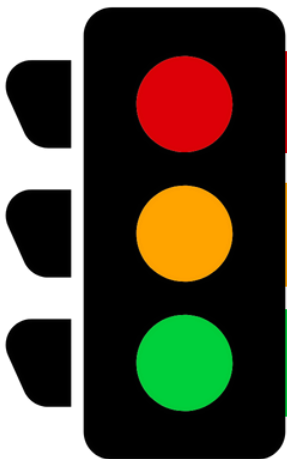
Upload or affix your photo here

**My full name is:**

**I like to be called:**

**My date of birth:**

**Healthcare staff, please read this document if you are involved in my care and support.**



**Things you must know about me**

**Things that are important to me**

**My likes and dislikes**

## My decision maker

Sometimes when I'm unwell I need help making decisions and choices. This is the person to contact on my behalf if I am admitted to hospital.

Name:

Relationship:

Phone:

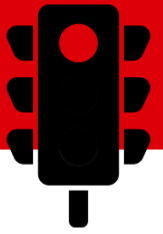
I have:  Guardianship order  Advanced Care Directive

Completed by:

Date completed:

Review date:

# Things you must know about me



## My personal information



Address:

Phone number:

Medicare number:

I am:  Aboriginal  Torres Strait Islander  Neither

I am an NDIS participant:  Yes  No

## Person who supports me the most



Name:

Email:

Relationship / Provider Name:

Phone 1:  Phone 2:

## My doctor / GP



Doctor's name:

Address:

Phone number:

## My allergies or adverse reactions



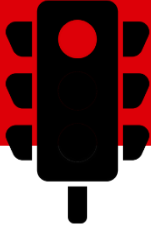
Allergic to:	Reaction:

## How I take medication

(whole tablets, crushed tablets, injections, syrup)



# Things you must know about me



## My current medications

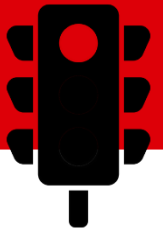


Name:	Dose:	Directions:

## My disability, health conditions and medical history



# Things you must know about me



How I show I'm in pain and how to support me



How I would like you to communicate with me



How I communicate / what language I speak



How to support me with medical procedures



Do I have problems with my heart and/or trouble breathing?  Yes  No



# Things you must know about me



Do I have problems with eating, drinking and swallowing?

Yes

No

## How I eat and drink

(cut up, pureed, help with eating, small amounts, thickened fluids)



## Things that make me anxious or upset (my behavioural supports)



## Things that are important for my physical safety





## Other people or services that help me



Role:

Contact name:

Phone:

## How I like to move around

(posture in bed, walking aids, hoist for transfers)



## My personal care

(getting dressed, being washed, brushing teeth, going to the toilet)



# Things that are important to me



## My seeing / hearing

(problems with sight or hearing)



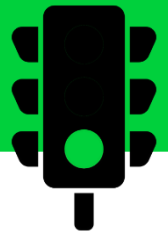
## My sleep pattern / routine



## My religion / spiritual needs / cultural background



# My likes and dislikes



## Likes

For example – what makes me happy, things I like to do such as watching TV, reading, music, routines

## Dislikes

For example – don't shout, food I don't like, physical touch



### Things I like

Please do this:



### Things I don't like

Please don't do this:



A large, empty rounded rectangular box with a thin blue border, intended for taking notes. The box is centered on the page and occupies most of the vertical space.

# Useful contacts

To find your local hospital or other health service, visit the links below:	Other useful contacts:
<b>Health Contacts Directory</b> <a href="https://www.health.gov.au/contacts">https://www.health.gov.au/contacts</a>	<b>My Health My Communication</b> <a href="https://www.myhealthmycommunication.com.au/">https://www.myhealthmycommunication.com.au/</a> Phone: 02 4751 5266
<b>NSW Health</b> <a href="https://www.health.nsw.gov.au/">https://www.health.nsw.gov.au/</a>	<b>DARE Disability Support</b> <a href="https://www.daredisability.org.au/">https://www.daredisability.org.au/</a> Phone: 02 4751 5266
<b>QLD Health</b> <a href="https://www.health.qld.gov.au/">https://www.health.qld.gov.au/</a>	<b>Nepean Blue Mountains Local Health District</b> <a href="https://www.nbmlhd.health.nsw.gov.au/">https://www.nbmlhd.health.nsw.gov.au/</a>
<b>VIC Department of Health</b> <a href="https://www.health.vic.gov.au/">https://www.health.vic.gov.au/</a>	<b>Health Direct</b> <a href="https://www.healthdirect.gov.au/">https://www.healthdirect.gov.au/</a> Phone: 1800 022 222
<b>ACT Health</b> <a href="https://www.health.act.gov.au/">https://www.health.act.gov.au/</a>	<b>NDIS</b> <a href="https://www.ndis.gov.au/">https://www.ndis.gov.au/</a> Phone: 1800 800 110
<b>SA Health</b> <a href="https://www.sahealth.sa.gov.au/">https://www.sahealth.sa.gov.au/</a>	<b>Disability Gateway</b> <a href="https://www.disabilitygateway.gov.au/">https://www.disabilitygateway.gov.au/</a> Phone: 1800 643 787
<b>WA Health</b> <a href="https://www.health.wa.gov.au/">https://www.health.wa.gov.au/</a>	<b>Mental Health Line</b> Phone: 1800 011 511
<b>NT Health</b> <a href="https://health.nt.gov.au/">https://health.nt.gov.au/</a>	
<b>TAS Department of Health</b> <a href="https://www.health.tas.gov.au/">https://www.health.tas.gov.au/</a>	



This document was created as part of the My Health My Communication project, all about improving communication between healthcare staff and people with intellectual and developmental disabilities.

Developed in partnership between Nepean Blue Mountains Local Health District and DARE Disability Support, and funded by the Australian Government Department of Social Services.



## Your feedback is welcome!

If you have any feedback, suggestions or improvements for this document, please complete this short survey using the link or QR code: <http://bit.ly/3g6Tvww>

Alternatively, you can email us at [myhealthmycommunication@dareds.com.au](mailto:myhealthmycommunication@dareds.com.au)

This document is based on the UK NHS Hospital Passport created by the South West London Access to Acute Group, available at <https://www.mencap.org.uk/advice-and-support/health-coronavirus/health-guides>

Images and icons from iStock photo <https://www.istockphoto.com/>

Guidance notes to support this document are available at <https://www.myhealthmycommunication.com.au/>

Version 2.4 Published July 2023